

# Beyond Self-Care: The Subversive Potential of Care



**Jan. 11, 7:30 PM ♦ Red Emma's ♦ 30 W. North Ave. ♦ FREE**

What is self-care? How has this discourse been colonized by the values of capitalism? We will discuss the political dimensions of care, illuminating how it can serve oppressive or revolutionary purposes, exploring the links between health and resistance, and asking what forms of care could subvert the systems of domination.

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